

Just a Taste

WEEKLY MEAL PLAN 11: SHOPPING LIST

ONLINE MEAL PLAN: <http://www.justataste.com/meal-plans/week-11>

GROCERIES

- 1 pound ground chicken or turkey
- 12 ounces ground beef chuck
- 12 ounces ground sirloin
- 1 rotisserie chicken
- 1 head garlic
- 1 package applewood-smoked bacon
- 1/3 cup mini pepperoni
- 1 white onion
- 1 red onion
- 1 head lettuce
- Fresh spinach
- 2 tomatoes
- 1 avocado
- 1 bunch fresh chives
- 1 lime
- Eggs
- 1 (15-oz.) can refried beans
- 1 bag shredded mozzarella cheese
- 1 bag shredded Parmesan cheese
- 1 bag shredded cheddar cheese
- 2 pounds homemade or store-bought pizza dough
- Homemade or store-bought marinara sauce
- Burger toppings: sharp cheddar cheese, lettuce, tomato
- Sour cream
- Cornmeal
- 1 loaf French bread
- 12 slider-size brioche rolls or buns

SPICES

- Dried oregano
- Pizza seasoning
- Garlic powder
- Onion powder
- Ground cumin

PANTRY STAPLES

- Salt
- Pepper
- Olive oil
- Unsalted butter
- Whole milk