

Just a Taste[®]

WEEKLY MEAL PLAN 6: SHOPPING LIST

ONLINE MEAL PLAN: <http://www.justataste.com/weekly-meal-plan-6-shopping-list/>

GROCERIES

- 1 pound jumbo shrimp
- 1 1/2 pounds ground chicken
- 4 slices thick-cut bacon
- 2 heads garlic
- 1 (1-inch) piece fresh ginger
- 1/4 cup white wine
- 1 lemon
- 2 medium zucchini
- 1 bunch parsley
- 1 bunch scallions
- 1 bunch curly kale
- 1 red onion
- 1 head Boston lettuce
- 2 large bunches fresh basil
- 1/3 cup unsalted pistachios
- Parmesan cheese
- 6 ounces mozzarella cheese
- 1 (20-oz.) package refrigerated cheese or meat tortellini
- 1 pound [homemade](#) or store-bought pizza dough
- Panko breadcrumbs
- Low sodium soy sauce
- Hoisin sauce
- Blackberry preserves
- Dark brown sugar
- Cornstarch
- Cornmeal

PANTRY STAPLES

- Salt
- Pepper
- Olive oil
- Eggs
- Whole milk