

# Just a Taste

## WEEKLY MEAL PLAN 13: SHOPPING LIST

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**ONLINE MEAL PLAN:** <http://www.justataste.com/meal-plans/week-13>

### GROCERIES

- 1 1/2 pound top round or flank steak
- 1 pound medium shrimp
- 1/4 cup sliced pepperoni
- 2 heads garlic
- 1 (1-inch) piece fresh ginger
- 2 medium eggplants
- 1 head Bibb lettuce
- 1 bag shredded carrots
- 1 bag sugar snap peas
- 1 bunch scallions
- Eggs
- 1 bag shredded mozzarella cheese
- 1 pound fresh mozzarella cheese
- Homemade or store-bought marinara sauce
- 1 envelope instant yeast
- Pineapple juice
- Low sodium soy sauce
- 8 ounces rice noodles
- Honey
- Italian-style breadcrumbs
- Thai sweet chili sauce
- Cornstarch
- Rice wine vinegar
- Apple cider vinegar
- 2 dozen brioche slider rolls

### PANTRY STAPLES

- Salt
- Pepper
- Olive oil
- Vegetable oil
- All-purpose flour
- Sugar
- Unsalted butter
- Whole milk