

Just a Taste

WEEKLY MEAL PLAN 19: SHOPPING LIST

ONLINE MEAL PLAN: <http://www.justataste.com/meal-plans/week-19>

GROCERIES

- 3/4 pound ground pork
- 3/4 pound ground veal
- 1 1/2 pounds ground chicken
- 1 package bacon
- 1 head garlic
- 1 (1-inch) piece fresh ginger
- 1/2 pound kale leaves
- 2 large tomatoes
- 1 yellow onion
- 1 bag snowpeas
- 3 medium Russet potatoes
- 1 bunch carrots
- 1 bunch scallions
- 1 bunch fresh parsley
- 1 bunch fresh chives
- Eggs
- Heavy cream
- 1 package shredded cheddar cheese
- Hoisin sauce
- Soy sauce
- Chili paste
- Blackberry preserves
- 2 dozen 7- to 8-inch egg roll wrappers
- Panko breadcrumbs
- Red wine vinegar
- Sesame oil
- Chinese five-spice powder
- 1 loaf sourdough bread

PANTRY STAPLES

- Salt
- Pepper
- Olive oil
- Vegetable oil
- Sugar
- Whole milk