

Just a Taste

WEEKLY MEAL PLAN 21: SHOPPING LIST

ONLINE MEAL PLAN: <http://www.justataste.com/meal-plans/week-21>

GROCERIES

- 1 (4- to 5-pound) pork shoulder
- 6 oz. fresh rock shrimp
- Soppressata
- 2 heads garlic
- Arugula
- 1 large avocado
- 1 bunch scallions
- 1 red onion
- 9 jalapeño peppers
- 2 large ears corn
- 2 bunches fresh basil
- Eggs
- Heavy cream
- Fresh lime juice
- Orange juice
- Fresh mozzarella cheese
- 1 (8-oz.) wedge Gruyere Cheese
- 1 container grated Parmesan cheese
- Homemade or store-bought salsa
- Taco toppings: sour cream, avocado, cheese
- 1 pound black spaghetti or linguine
- Cocoa powder
- Unsalted pistachios
- Sliced (unsalted) almonds
- Store-bought flatbreads (or naan)
- 1 loaf thick-cut Texas toast
- Corn or flour tortillas
- 12 ounces beer
- Maple syrup

SPICES

- Cayenne pepper
- Cinnamon
- Chili powder
- Cumin
- Oregano
- Red pepper flakes
- Vanilla extract

PANTRY STAPLES

- Salt
- Pepper
- Olive oil
- Sugar
- Unsalted butter