

Just a Taste

WEEKLY MEAL PLAN 24: SHOPPING LIST

ONLINE MEAL PLAN: <http://www.justataste.com/meal-plans/week-24>

GROCERIES

- 6 large bone-in, skin-on chicken thighs (about 2 1/4 lbs)
- 2 1/2 pounds chicken wings
- 1 pound medium shrimp
- 1 head garlic
- 1 (1-inch) piece fresh ginger
- 1 bag sugar snap peas
- 1 bunch fresh chives
- 1 bunch scallions
- Pineapple juice
- Eggs
- 1 bag shredded cheddar cheese
- 1 sheet frozen puff pastry
- Cornstarch
- Honey
- Blackberry jam
- 8 oz. rice noodles
- Low sodium soy sauce
- Hoisin sauce
- Thai sweet chili sauce
- Chinese 5-Spice or other Asian spice blend
- Balsamic vinegar
- Rice wine vinegar

PANTRY STAPLES

- Salt
- Pepper
- Olive oil
- Vegetable oil